

ANGER MANAGEMENT: ON LINE RESOURCES

Anger....Checklist...

<http://www.allaboutcounseling.com/anger.htm>

Anger....nature, definition, other topics

<http://susankramer.com/Anger.html>

Anger Management Counseling

<http://www.angeronline.com/>



Controlling Anger Before it Controls You

<http://www.apa.org/pubinfo/anger.html>

Controlling Anger Information

<http://www.selfgrowth.com/anger.html> (Very good site with a number of good links)

Coping with Anger: Women

<http://www.womensmedia.com/seminar-anger.html>

Getting Along: When I'm Angry

National Network for Child Care

<http://www.nncc.org/Parent/ga.angry.html>

Helping Children and Adolescents Cope with Violence and Disasters

<http://www.nimh.nih.gov/publicat/violence.cfm>

Helping the Child Who is Expressing Anger

<http://www.mentalhealth.org/publications/allpubs/Ca-0032/default.asp>

Helping Young Children Deal with Anger Components....Understanding....

<http://athealth.com/consumer/issues/childsanger.html>

Helping Young Children Deal with Anger (ERIC Document)

http://www.ed.gov/databases/ERIC_Digests/ed414077.html

Managing Anger and Resolving Conflict

<http://www.stressdoc.com/newpage7.htm>

Skills for Managing Anger (SMA)

http://www.sera.com/index.php?section=programs&option=programs&page=sma_index

Orderable Materials

Anger Control Curriculum

<http://www.aea15.k12.ia.us/>

Anger Curriculum: Grades 7-12

<http://www.iasd.com/anger/> (The Center has a sample of this material.)

Angry Animals Game for Children

<http://www.healthconnection.org/temp/new/browse.php>

Anger: Real Solutions...

<http://growthcentral.com/>

Controlling the Volcano Within...

<http://www.anger-management.net/>

Educational support materials

<http://www.youthlight.com/>

Five Free Tips Release Anger

www.soundfeelings.com/free/anger.htm